

## Signature Breakfasts

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BAKED EGGS	22
creamy chanterelle mushrooms, Fritz Kaiser's Miranda cheese and baguette	
THREE EGG OMELET	21
choice of ham, peppers, onion, tomato, mushroom and cheese; roast fingerling potatoes, toast and preserves	
SMOKED SALMON BENEDICT	21
wild sockeye salmon, soft poached eggs, hollandaise sauce and roast fingerling potatoes	
CLASSIC EGGS BENEDICT	19
sliced back bacon, soft poached eggs, hollandaise sauce and roast fingerling potatoes	
THE BEACHER	19
two eggs any style, smoked bacon, turkey sausage or grilled back bacon; fingerling potatoes, toast and preserves	
EGG WHITE FRITTATA 🌿	19
sautéed mushroom, onion and peppers topped with arugula and parmesan salad; with toast and preserves	
AVOCADO TOAST 🌿	19
soft poached eggs, sliced avocado, alfalfa sprouts and sauce vierge on multigrain toast	
TOFU & QUINOA SCRAMBLE [GF] 🌿	19
sautéed market vegetables, avocado and sauce vierge	
FRENCH TOAST	18
house made brioche, caramelized banana, crushed pecans and maple syrup	
BUTTERMILK PANCAKES	18
fresh berries and maple syrup	
STEEL CUT OATS [GF] 🌿	12
brown sugar, apple, cinnamon, dried cranberry and toasted almonds	

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness*

## Light Dishes, Bakery & Sides

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GREEK YOGURT, FRESH BERRIES & GRANOLA 🌿	12
FRESH FRUIT [GF] 🌿	9
HARDWOOD SMOKED BACON [GF]	6
GRILLED BACK BACON [GF]	6
TURKEY SAUSAGES	6
TOAST WITH BUTTER & PRESERVES	6
FRESHLY BAKED PASTRIES butter croissant, chocolate croissant, daily muffin or raspberry cinnamon sticky bun	4

## Beverages

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HAPPY PLANET SMOOTHIES mango passion fruit, blackberry boysenberry or extreme green	6
CAPPUCCINO, LATTE OR AMERICANO	4.50
FRUIT JUICE orange   apple   pineapple   cranberry   grapefruit	4
TEA OR COFFEE	4

🌿 *Boathouse spa inspired cuisine created with balanced nutrition and wellness in mind.*

[GF] *Prepared without the addition of ingredients containing gluten.*

*We partner with local farmers and producers including Woodgate Farm, Saanich Organics, Tree Island Yogurt, The Very Good Butcher, Cowichan Bay Seafood, Natural Pastures Cheese Company and Island Farmhouse Poultry to source premier local ingredients.*

 **ocean wise**. ALL SEAFOOD ITEMS ARE A SUSTAINABLE CHOICE

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