

## TO START

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SMOKED SABLEFISH - GF, BH apple, fennel, young greens, tamarind date compote	19
AHI POKE - GF, BH yellowfin tuna, avocado crema, taro root chips, toasted macadamia nuts	16
CHOWDER - GF bacon, new potatoes, fresh seafood, house baguette	16
LITTLE GEM CAESAR Baby romaine, zucchini ribbons, white anchovy, garlic dressing, shaved parmesan, bacon, crouton	15
ROAST BEETS - GF, V, BH pistachio, young greens, balsamic, tofu garlic dressing	15
TRUFFLE FRIES truffle salt, truffle aioli, shaved parmesan	15
SAANICH GREENS - GF, V, BH dried cranberry, toasted almonds, white balsamic vinaigrette	14
CHILLED PEA AND COCONUT SOUP - GF, V, BH lemongrass, cilantro, turmeric emulsion	12
FEATURE SOUP house baguette	12

**CHEF'S LUNCH FEATURE**  
*served weekdays until 2pm*

Steak Au Poivre  
charbroiled angus sirloin, french fries  
& peppercorn sauce

22

## TO SHARE

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PLOUGHMAN 26  
house pate, chicken liver mousse, Whole Beast salami and coppa, Canadian cheese, fig jam

MUSSELS & CHORIZO 24  
tomato, garlic, white wine, house baguette

BLUE CORN NACHOS - GF, V 19  
black beans, red onion, queso, avocado crema, sour cream, salsa roja, cilantro

CHICKEN WINGS - GF 19  
Red Boat fish sauce and lime glaze

FLATBREADS  
smoked salmon, red onion, caper, arugula 18  
apple, aged cheddar, bacon, arugula 16  
caramelized onion, rosemary - V 15  
*gluten free crust* 3

## SANDWICHES

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*with French fries, feature soup or green salad;  
substitute Caesar salad or yam fries 2, extra side 4*

GRILLED SALMON SANDWICH 24  
smashed avocado, sprouts, red onion, garlic aioli

GRILLED CHICKEN CLUB 21  
bacon, lettuce, tomato, garlic aioli

ANGUS CHUCK BURGER 18  
lettuce, tomato, onion, pickles, house 1000 Island  
*add smoked bacon, aged cheddar or blue cheese* 3

THE VERY GOOD BUTCHER VEGAN BURGER - V 19  
organic plant based patty, onion, tomato, sprouts,  
smashed avocado, red relish

PORTOBELLO & AVOCADO WRAP - V 19  
crispy onions, goat cheese, garlic aioli, sprouts

## MAIN COURSE

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CHARBROILED ANGUS BEEF - GF market vegetables, roast fingerlings, red wine jus 8oz. NY Strip/6oz. Filet Mignon	39/49
POTATO GNOCCHI braised beef short rib, morel mushrooms, asparagus	32
SEAFOOD SPAGHETTI prawns, clams, mussels, tomato, garlic, white wine	29
FISH & CHIPS lingcod, French fries, crispy slaw, tartar sauce	23/29
WOOD GATE FARM CHICKEN LEG CONFIT roast potatoes, young greens, date gastrique	27
SPAGHETTI CARBONARA bacon, black pepper, egg yolk, parmesan, broccolini	25
FLAX AND CHICKPEA FALAFEL - GF, V carrot harissa, shimeji mushrooms, daikon	24
COBB SALAD - GF bacon, tomato, avocado, cucumber, red onion, blue cheese, boiled egg, white balsamic vinaigrette	21

## ADDITIONS

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wild BC salmon, grilled	15
prawns, sautéed in garlic and herbs	10
Island Farmhouse chicken breast, grilled	10
yam fries	7/9
French fries	5/7
half avocado	6
house baguette and butter	5

 **ocean wise**. ALL SEAFOOD ITEMS ARE A SUSTAINABLE CHOICE

*Consuming raw or undercooked foods may increase your risk of foodborne illness.  
Menu is subject to change based on availability of ingredients. 21 Jun 2019*

## BRUNCH FEATURE

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*served weekends until 2pm*

BAKED EGGS - V 22  
creamy morel mushrooms, Fritz Kaiser's Miranda  
cheese, house baguette

QUICHE 18  
Chef's weekly creation, green salad

## DESSERT

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PAVLOVA - GF 12  
lemon cream mousse, fresh fruit

BREAD PUDDING - V 12  
vanilla bean ice cream and caramel sauce

CHOCOLATE PANNA COTTA - GF, V, BH 12  
coconut, mango, passionfruit

TONKA BEAN CRÈME BRULEE - GF 12  
almond biscotti, fresh berries

RASPBERRY SORBET - GF, V 12  
peach confit, fresh berries

ICE CREAM & SORBET - GF, V 12  
chef's daily selection with fresh berries

FRENCH MACARON 8  
two pieces from chef's daily selection

*Proudly partnered with local farmers and producers including The Whole Beast, Woodgate Farm, Saanich Organics, Tree Island Yogurt, The Very Good Butcher, Oak Bay Seafood and Island Farmhouse Poultry.*

*GF Prepared without the addition of ingredients containing gluten, V Vegetarian Dish, BH Boathouse Spa inspired Cuisine.*