

local greens

Saanich Organic salad greens, shaved radish, fennel, cherry tomato and honey mustard vinaigrette

16

truffle fries D,E

truffle aioli, spring onion and parmesan

16

calamari E,G,S

crispy fried squid with lemon garlic aioli and agrodolce

21

chicken wings

hot buffalo, maple barbecue or salt & pepper

21

seafood chowder D,G,S

live clams, mussels, prawns and fresh fish, applewood smoked bacon and new potatoes in creamy broth served with freshly baked bread

21

ahi poke G,S,N

yellowfin tuna, taro crisps, toasted cashew, red onion, avocado crema, tamari and sesame

21

blue corn nachos D

pickled red onion, avocado crema, sour cream, salsa verde, queso fresco and habanero cheddar

26

mussels D,G,S

steamed with saffron, Dijon mustard and white wine, served with freshly baked bread

33

ploughman D,E,G,N

artisanal charcuterie and cheese, seasonal accompaniments and freshly baked bread

36

Please inform your server of any food allergies or dietary restrictions.

Consuming raw or undercooked foods may increase your risk of foodborne illness. Menu may change due to availability of ingredients

snug burger D,E,G

angus chuck patty, bacon jam, garlic aioli, arugula and a thick cut onion ring, choice of fries or local greens

26

VGB smokin' burger D,E,G

the Very Good Butcher's plant-based patty, local organic greens, garlic aioli, beefsteak tomato, red onion and pickles, choice of fries or local greens

24

grilled chicken club E,G

applewood smoked bacon, local organic greens, beefsteak tomato and garlic aioli, choice of fries or local greens

26

seafood spaghetti D,E,G,S

fresh pasta with sauteed prawns, mussels and clams in garlic, tomato and white wine

33

spaghetti carbonara D,E,G

fresh pasta with applewood smoked bacon, black pepper, egg yolk, parmesan and broccolini

26

beer battered lingcod E,G,S

served with fries, fennel slaw and tartar sauce

26/32

gochujang glazed tofu donburi

steamed haiga mai rice, avocado, cucumber and sesame roast mushrooms

25

cobb salad D,E

Saanich Organic salad greens, applewood smoked bacon, tomato, avocado, cucumber, red onion, blue cheese and boiled free-range organic hen's egg

21

ADDITIONS

*sauteed prawns 12 | grilled chicken breast 12
half avocado 6 | French fries 6/8 | fresh baked bread 5*

DINNER FEATURES

available after 5pm daily

New York strip D

*grilled 8oz. black angus striploin, roast new potatoes,
market vegetables, red wine jus and balsamic butter*
49

smoke brined salmon D,S

*sauteed Kuterra salmon, warm potato salad, grainy
mustard and caper vinaigrette*
36

roast chicken breast D

*Woodgate farm free-range chicken, roast new potato,
market vegetables and garlic thyme jus*
32

BRUNCH FEATURES

available weekends from 11am-2pm

eggs benedict D,E

*thick sliced back bacon, poached free-range organic hen's
eggs and charred lemon-Dijon hollandaise on house made
hash browns*
24

smoked salmon eggs benedict D,E,S

*smoked wild sockeye salmon, poached free-range organic
hen's eggs and charred lemon hollandaise on house made
hash browns*
26

*D contains dairy | G contains gluten | E contains eggs
S contains fish or shellfish | N contains nuts*

DESSERT

tropical cheesecake D,N

mascarpone, mango, coconut and passionfruit
12

Syncromesh Riesling, off-dry, Okanagan Falls, BC
11

tonka bean crème brûlée D,E

fresh berries
12

Lake Breeze Chinook, fortified wine, Naramata Bench, BC
12

chocolate hazelnut torte D,E,N

hazelnut joconde, dark chocolate ganache
15

Unsworth Vineyards Ovation Solera, Vancouver Island, BC
12

pomegranate granité

fresh berries, orange zest and mint
12

Russo Limoncello, lemon liqueur, Italy
12

fresh fruit and berries

seasonal selection
9

French macaron D,E,N

two pieces from chef's daily selection
8

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