

# SIGNATURE BREAKFASTS

smoked steelhead eggs benedict D,E,S

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*smoked steelhead trout, poached free-range organic hen's eggs and charred lemon Dijon hollandaise on house made hash browns*

26

oak bay eggs benedict D,E

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*thick sliced back bacon, poached free-range organic hen's eggs and charred lemon Dijon hollandaise on house made hash browns*

24

omelette D,E

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*three free-range organic hen's eggs, choice of ham, peppers, onion, tomato, mushroom and cheese with herb and garlic roast new potato*

22

the beacher D,G,E

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*two free-range organic hen's eggs any style, herb and garlic roast new potato, toast with house made preserves*

*choice of applewood smoke bacon, pork bangers or grilled back bacon*

22

lemon ricotta pancakes D,G,E

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*fresh berries and maple syrup*

19

avocado toast G

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*sliced avocado, arbequina olive oil, tomato, roast red pepper, onion, pumpkin seeds, radish and everything seasoning on multigrain toast*

19

*substitute herb and garlic roast new potatoes for fresh fruit or house made hash browns*      4

*Other allergens may be present, please inform your order taker of any food allergies or dietary restrictions. Consuming raw or undercooked foods may increase your risk of foodborne illness.*

*D contains dairy | G contains gluten | E contains eggs  
S contains fish or shellfish | N contains nuts*

# LIGHT DISHES & SIDES

overnight oats G,N

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*oat milk soaked rolled oats, with local honey, walnut, mixed seeds, fruit  
and almond butter*

16

Tree Island yogurt D,N

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*full fat Vancouver Island grass fed dairy Greek yogurt with fresh berries,  
honey and toasted almond granola*

12

fruit plate

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*assortment of fresh seasonal fruit and berries*

9

toast D,G

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*served with butter house made preserves*

6

pastries D,E,G

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*freshly baked croissant, pain au chocolat or muffin*

5

additions

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*half avocado 6 | applewood smoked bacon 6 | grilled back bacon 6  
pork bangers 6*

# BEVERAGES

coffee & tea

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*espresso, cappuccino, latte or americano*

5

*drip coffee or tea*

4

fruit juice

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*orange, apple, pineapple, cranberry or grapefruit*

5