

# SIGNATURE BREAKFASTS

double bacon eggs benedict D,G,E

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*thick sliced back bacon and crispy applewood smoked bacon, poached free-range hen's eggs and charred lemon Dijon hollandaise on a toasted English muffin*

28

pacific crab eggs benedict D,G,E,S

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*pan fried crab cakes topped with poached free-range hen's eggs and charred lemon Dijon hollandaise*

35

omelette D,E

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*three free-range organic hen's eggs, choice of ham, peppers, onion, tomato, mushroom and cheese with herb roast new potatoes*

25

the beacher D,E,G

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*two free-range organic hen's eggs any style, herb roast new potatoes, toast with house made preserves choice of applewood smoked bacon or pork bangers*

25

lemon ricotta pancakes D,E,G

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*fresh berries and maple syrup*

21

avocado toast G

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*sliced avocado, Arbequina olive oil, tomato, roast red pepper, onion, pumpkin seeds, radish and everything seasoning on multigrain toast*

21

*substitute herb roast new potatoes for fruit 5*

*Consuming raw or undercooked foods may increase your risk of foodborne illness.*

*Menu may change due to availability of ingredients*

*D contains dairy | G contains gluten | E contains eggs  
S contains fish or shellfish | N contains nuts  
Other allergens may be present,  
please inform your server of any food allergies or dietary restrictions.*

# LIGHT DISHES & SIDES

overnight oats G,N

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*oat milk soaked rolled oats, with local honey, walnut, mixed seeds, fruit  
and almond butter*

18

tree Island yogurt D,N

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*full fat Vancouver Island grass fed dairy Greek yogurt with fresh berries,  
honey and toasted almond granola*

15

fruit plate

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*assortment of fresh seasonal fruit and berries*

12

toast D,G

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*served with butter and house made preserves*

6

pastries D,E,G

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*freshly baked croissant, pain au chocolat or muffin*

6

additions

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*half avocado 6 | applewood smoked bacon 6 | grilled back bacon 6  
pork bangers 6*

# BEVERAGES

coffee & tea

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*espresso – 3.5 (single) & 4.5 (double)*

*americano 4*

*cappuccino, latte 5.5*

*drip coffee 4*

*tea 4.5*

fruit juice

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*orange, apple, pineapple, cranberry or grapefruit*

5