

SIGNATURE BREAKFASTS

double bacon eggs benedict D,G,E

thick sliced back bacon and crispy applewood smoked bacon, poached free-range hen's eggs and charred lemon Dijon hollandaise on a toasted English muffin

28

pacific crab eggs benedict D,G,E,S

pan fried crab cakes topped with poached free-range hen's eggs and charred lemon Dijon hollandaise

35

omelette D,E

three free-range organic hen's eggs, choice of ham, peppers, onion, tomato, mushroom and cheese with herb roast new potatoes

25

the beacher D,E,G

two free-range organic hen's eggs any style, herb roast new potatoes, toast with house made preserves choice of applewood smoked bacon or pork bangers

25

lemon ricotta pancakes D,E,G

fresh berries and maple syrup

21

avocado toast G

sliced avocado, Arbequina olive oil, tomato, roast red pepper, onion, pumpkin seeds, radish and everything seasoning on multigrain toast

21

substitute herb roast new potatoes for fruit 5

Consuming raw or undercooked foods may increase your risk of foodborne illness.

Menu may change due to availability of ingredients

D contains dairy | G contains gluten | E contains eggs

S contains fish or shellfish | N contains nuts

Other allergens may be present,

please inform your server of any food allergies or dietary restrictions.

LIGHT DISHES & SIDES

overnight oats G,N

*oat milk soaked rolled oats, with local honey, walnut, mixed seeds, fruit
and almond butter*

18

tree Island yogurt G,D,N

*full fat Vancouver Island grass fed dairy Greek yogurt with fresh berries,
honey and toasted almond granola*

15

fruit plate

assortment of fresh seasonal fruit and berries

12

toast D,G

served with butter and house made preserves

6

pastries D,E,G

freshly baked croissant, pain au chocolat or muffin

6

additions

*half avocado 6 | applewood smoked bacon 6 | grilled back bacon 6
pork bangers 6*

BEVERAGES

coffee & tea

espresso – 3.5 (single) & 4.5 (double)

americano 4

cappuccino, latte 5.5

drip coffee 4

tea 4.5

fruit juice

orange, apple, pineapple, cranberry or grapefruit

5